

Compass Go Referral Process



Compass Go are a Mental Health Support Team works with children, young people, families and educational settings in North East Lincolnshire for issues related to emotional and mental health wellbeing.

They can help build skills for children, young people and families to cope with;

- Low mood; sadness, low motivation
- Anxiety, worries, irrational fears and concerns
- Difficulty managing and adjusting to change
- Difficulty managing emotions
- Managing exam and test stress

Who can you speak to in school?

Parents can speak to Compass Go directly or alternatively please speak to your child's class teacher/ Mrs Ranshaw who can make a referral to Compass Go.

